

## Worry Vs. Trust Part XI

**Today's Key Idea:** Worry and Trust are mutually exclusive

- It is impossible to Worry and Trust God at the same time. Make a choice- Worry or Trust

**Today's Key Text:** Jeremiah 17:5-10

**What are the benefits of Trusting in God?**

- **Trusting in God Keeps me Connected (Verse 6)**
  - Whenever you don't trust God, you will find yourself in isolation
    - **Note: Notice how the shrub is in isolation in verse 6**
    - Isolation is a weapon of the devil. Anything the enemy can isolate, can be destroyed
- **Trusting in God Empowers me to be Blessed (Verse 7)**
- **Trusting in God Helps me Mature as a Believer (Verse 7)**
  - Psalm 20:7- "Some trust in chariots and some in horses, but we trust in the name of the LORD our God."
    - God doesn't want us to just trust Him for what He has done, Trust Him for who He is!!
    - When you trust Him for what He has done, that's Praise! When you trust Him for who He is that is Worship!
      - John 4:23- 24
- **Trusting in God Increases my Responsibility (Verse 7)**
  - When you trust God you become Trustworthy. God gives you responsibility.
    - Trust is like currency.
- **Trusting in God Heals my Heart (Verse 9, 10)**
  - Any inability to trust is an issue that is rooted in the heart. A trust issue is a Heart issue
    - Don't trust your Heart. Trust God
      - Proverbs 28:26
- **Trusting in God Builds Confidence**
  - Confidence is trust that has been proven

**How do I continue to Trust God?**

- You must Know God (**Word**)
  - It is impossible to trust God if you don't know God. The key to trusting God is Knowing God.
    - We only trust people that we know
      - The closer we are to God, the more confident we are in God
- You must talk to God (**Prayer**)
- You must depend on God (**Faith**)
  - Constant dependence on God will build your trust
    - 1 Samuel 17:37

