

Bible Study

July 22, 2020

Worry vs. Trust Part VIII

- Worry and Trust are mutually exclusive.
 - It is impossible to trust and worry at the same time.
- Psalm 37:3
 - Don't worry about the wicked or envy those who do wrong. **Trust** in the Lord and do good;
 - Doing what is right in God's eyes mean to obey God
 - It is impossible to obey God if you don't trust Him

What does it mean to Trust God?

1st we must understand this:

Trusting God is a choice, not a feeling!!

- Psalm 56:11
- Trusting God means
 - **Allowing** God to take Control
 - Worry can often give you the illusion of control.
 - Illusion of Control- Trying to be in control of everything
 - **Acknowledging** God's ability
 - When things happen that are out of your control, we must rely on God's Ability.
 - How do I acknowledge God's ability?
 - Be Available- God doesn't need you to be able, He needs you available
 - God didn't call you because you could, He called you because He would do it through you.
 - Exodus 4:12
 - Matthew 10:20
 - **Accepting What God has done**
 - **Then Accepting What God has done**
 - Proverbs 3:5-6
 - We can Trust God even though we may not understand God. We have to accept what God is doing even when we don't understand.
 - Understanding is not a prerequisite to Acceptance.
 - The true test of trust is to obey God even when you don't understand.