

Bible Study Series:

Worry vs. Trust, Part III

What did Jesus say about Worry?

- Matthew 6:25 (NIV) Therefore **I** tell you, **do not worry** about your life, what you will eat or drink; or about your body, what you will wear
  - Take no Thought
    - ✓ This is not a suggestion or a question, this was a command from Jesus
  - Jesus Says Worry is a **sin**.
  
- Matthew 6:26 Look at the birds. They don't plant or harvest or store food in barns, for **your heavenly Father feeds them**. And aren't you far more valuable to him than they are?
  - Psalm 147:9
  - Job 38:41
  - Matthew 10:29
  - If God cares for the birds, then He definitely cares for you.
  
- Matthew 6:27 (NIV) **27 Can all your worries add a single moment to your life?**
  - Jesus says Worry Adds **nothing**
  - **Worry doesn't make things better, it makes you worse!!**
  
- Matthew 6: 28 (NIV) And why worry about your clothing? Look at the lilies of the field and how they grow. They don't work or make their clothing, **29** yet Solomon in all his glory was not dressed as beautifully as they are. **30** And if God cares so wonderfully for wildflowers that are here today and thrown into the fire tomorrow, he will certainly care for you. **Why do you have so little faith?**
  - **Jesus says there is a relationship between the size of your worry and the size of your faith.**
  - **The level of your worry will always reveal the size of your faith.**
  - **The greater your faith, the smaller your worry**
  - **The greater your worry, the smaller your faith**

SO, What was Jesus really saying?

Look at other instances where Jesus mentioned little faith

- Matthew 8:26- Why are ye fearful, **O ye of little faith?**
- Matthew 14:31 You of little faith," he said, "**why did you doubt?**"
  - **Worry is an insult to Him.**