

Worry Vs. Trust Part XII

Key Idea: Worry and Trust are mutually exclusive

It is impossible to Worry and Trust God at the same time. Make a choice- Worry or Trust

Key Text: Jeremiah 17:5-10

What are the benefits of Trusting in God?

Recap:

1. **Trusting in God Keeps me Connected (Verse 6)**
2. **Trusting in God Empowers me to be Blessed (Verse 7)**
3. **Trusting in God Helps me Mature as a Believer (Verse 7)**
 - John 4:19-24
4. **Trusting in God Increases my Responsibility (Verse 7)**
 - When you trust God you become Trustworthy. God gives you responsibility.
 - Trust is like currency.
 - Proverbs 12:22,
5. **Trusting in God Heals my Heart (Verse 9, 10)**
 - Any inability to trust is an issue that is rooted in the heart. A trust issue is a Heart issue
 - Don't trust your Heart. Trust God
 - Proverbs 28:26
6. **Trusting in God Builds Confidence**
 - Confidence is trust that has been proven

How do I continue to Trust God?

- You must Know God (**Word**)
 - It is impossible to trust God if you don't know God. The key to trusting God is Knowing God.
 - We only trust people that we know
 - The closer we are to God, the more confident we are in God
 - God wants to be known
 - The most important thing to do in life is to Know God
 - Philippians 3:10
 - In fact, God wants to be known!!
 - Mark 12:30
- You must talk to God (**Prayer**)
- You must depend on God (**Faith**)
 - **Faith=Belief + Action**
 - **Hebrews 11:1**
 - **James 2:17**
 - Constant (obedience) dependence on God will build your trust